



**Ayurved Sadhana**  
Healing Begins Here...

“Approved and Regulated by the Colorado Department of Higher Education, Private Occupational School Board.”

## **Fall 2021 Class Schedule**

### **Continuing Students**

**Mark Orientation Date: July 30, 2021, 6:00 pm - 8:00 pm MT**

# Hands-On Classes - 2021

## **1. Herbal Oils, Salves, Tinctures, Syrups, and Medicated Ghees Preparations:**

**Dates:** Classes are Saturday, August 28, 2021 through Sunday, August 29, 2021

**10:00 am – 6:30 pm MT.**

- Sat, Aug 28, 10:00 am – 6:30 pm MT
- Sun, Aug 29, 10:00 am – 6:30 pm MT

## **2. Rasayana: Ayurvedic Rejuvenation Therapy - Practical:**

**Dates:** Classes are Saturday, September 11, 2021

**10:00 am – 6:30 pm MT.**

- Sat, Sept 11, 10:00 am – 6:30 pm MT

## **3. Ayurvedic Cooking for Wellness:**

**Dates:** Classes are Saturday, September 25, 2021 through Sunday, September 26, 2021

**10:00 am – 6:30 pm MT.**

- Sat, Sept 25, 10:00 am – 6:30 pm MT
- Sun, Sept 26, 10:00 am – 6:30 pm MT

## **4. Madhav Nidan Basics: Categories of Chikista - Part 1 - Clinical Examination:**

**Dates:** Classes are Saturday, December 4, 2021 through Sunday, December 5, 2021

**10:00 am – 6:30 pm MT.**

- Sat, Dec 4, 10:00 am – 6:30 pm MT
- Sun, Dec 5, 10:00 am – 6:30 pm MT

## **5. Externship-Internship - Student Clinic:**

**Dates:** Classes are Thursday, October 28, 2021 through Saturday, October 30, 2021

**10:00 am – 6:30 pm MT.**

- Thurs, Oct 28, 10:00 am – 6:30 pm MT
- Fri, Oct 29, 10:00 am – 6:30 pm MT
- Sat, Oct 30, 10:00 am – 6:30 pm MT

## **6. Graduation Ceremony and Dhanvantari Puja:**

- Sat, Nov 6, 12:00 pm – 3:00 pm MT

## **7. Yoga Therapeutics and Ayurveda:**

**Dates: Classes are Wednesday, August 4, 2021 through Saturday, August 7, 2021  
9:00 am – 5:30 pm MT.**

- Wed, Aug 4, 9:00 am – 5:30 pm MT
- Thurs, Aug 5, 9:00 am – 5:30 pm MT
- Fri, Aug 6, 9:00 am – 5:30 pm MT
- Sat, Aug 7, 9:00 am – 5:30 pm MT

## **8. Panchakarma Practical:**

**Dates: Classes are Monday, August 9, 2021 through Saturday, August 14, 2021  
9:30 am – 6:00 pm MT.**

- Mon, Aug 9, 9:30 am – 6:00 pm MT
- Tues, Aug 10, 9:30 am – 6:00 pm MT
- Wed, Aug 11, 9:30 am – 6:00 pm MT
- Thurs, Aug 12, 9:30 am – 6:00 pm MT
- Fri, Aug 13, 9:30 am – 6:00 pm MT
- Sat, Aug 14, 9:30 am – 6:00 pm MT

# Live-Webinar/Online Classes Fall 2021

## **1. Meditation and Chanting:**

**Dates: Classes are Saturday, August 21, 2021 through Saturday, December 11, 2021**

**11:00 am – 1:30 pm MT.**

- Sat, Aug 21, 11:00 am – 1:30 pm MT
- Sat, Sep 18, 11:00 am – 1:30 pm MT
- Sat, Oct 16, 11:00 am – 1:30 pm MT
- Sat, Nov 20, 11:00 am – 1:30 pm MT
- Sat, Dec 11, 11:00 am – 1:30 pm MT

## **2. Student's Enrichment and Mentoring:**

**Dates: Classes are Saturday, August 21, 2021 through Saturday, December 11, 2021**

**2:00 pm – 5:00 pm MT.**

- Sat, Aug 21, 2:00 pm - 5:00 pm MT
- Sat, Sep 18, 2:00 pm - 5:00 pm MT
- Sat, Oct 16, 2:00 pm - 5:00 pm MT
- Sat, Nov 20, 2:00 pm - 5:00 pm MT
- Sat, Dec 11, 2:00 pm - 5:00 pm MT

### **3. Sanskrit – Part 1:**

**Dates: Classes are Saturday, August 18, 2021 through Saturday, December 8, 2021**

**6:00 pm – 8:00 pm MT.**

- August:
  - Wed, Aug 18, 6:00 pm – 8:00 pm MT
  - Wed, Aug 25, 6:00 pm – 8:00 pm MT
- September:
  - Wed, Sep 1, 6:00 pm – 8:00 pm MT
  - Wed, Sep 8, 6:00 pm – 8:00 pm MT
  - Wed, Sep 15, 6:00 pm – 8:00 pm MT
  - Wed, Sep 22, 6:00 pm – 8:00 pm MT
  - Wed, Sep 29, 6:00 pm – 8:00 pm MT
- October:
  - Wed, Oct 6, 6:00 pm – 8:00 pm MT
  - Wed, Oct 13, 6:00 pm – 8:00 pm MT
  - Wed, Oct 20, 6:00 pm – 8:00 pm MT
- November:
  - Wed, Nov 3, 6:00 pm – 8:00 pm MT
  - Wed, Nov 10, 6:00 pm – 8:00 pm MT
  - Wed, Nov 17, 6:00 pm – 8:00 pm MT
- December:
  - Wed, Dec 1, 6:00 pm – 8:00 pm MT
  - Wed, Dec 8, 6:00 pm – 8:00 pm MT

## **4. Ayurvedic Internship-Externship - One-on-One:**

### **a. Senior Students Batch:**

**Dates: Classes are Monday, August 16, 2021 through Monday, December 6, 2021  
4:00 pm – 9:00 pm MT.**

- August:
  - Mon, Aug 16, 4:00 pm – 9:00 pm MT – Susan B
  - Mon, Aug 23, 4:00 pm – 9:00 pm MT – Susan B
  - Mon, Aug 30, 4:00 pm – 9:00 pm MT – Dr. V
- September:
  - **Mon, Sept 6 – Labor Day**
  - Mon, Sept 13, 4:00 pm – 9:00 pm MT – Susan B
  - Mon, Sept 20, 4:00 pm – 9:00 pm MT – Susan B
  - Mon, Sept 27, 4:00 pm – 9:00 pm MT – Dr. V
- October:
  - Mon, Oct 4, 4:00 pm – 9:00 pm MT – Susan B
  - Mon, Oct 11, 4:00 pm – 9:00 pm MT – Susan B
  - Mon, Oct 18, 4:00 pm – 9:00 pm MT – Susan B
  - Mon, Oct 25, 4:00 pm – 9:00 pm MT – Susan B
- November:
  - Mon, Nov 1, 4:00 pm – 9:00 pm MT – Susan B
  - Mon, Nov 8, 4:00 pm – 9:00 pm MT – Susan B
  - Mon, Nov 15, 4:00 pm – 9:00 pm MT – Susan B
  - **Mon, Nov 22 – No Class – Thanksgiving Break**
  - Mon, Nov 29, 4:00 pm – 9:00 pm MT – Susan B
- December:
  - Mon, Dec 6, 4:00 pm – 9:00 pm MT – Susan B

## **b. Second Students Batch:**

**Dates: Classes are Wednesday, August 18, 2021 through Wednesday, December 8, 2021**

**3:00 pm – 5:30 pm MT.**

- August:
  - Wed, Aug 18, 3:00 pm – 5:30 pm MT
  - Wed, Aug 25, 3:00 pm – 5:30 pm MT
- September:
  - Wed, Sept 1, 3:00 pm – 5:30 pm MT
  - Wed, Sept 8, 3:00 pm – 5:30 pm MT
  - Wed, Sept 15, 3:00 pm – 5:30 pm MT
  - Wed, Sept 22, 3:00 pm – 5:30 pm MT
  - Wed, Sept 29, 3:00 pm – 5:30 pm MT
- October:
  - Wed, Oct 6, 3:00 pm – 5:30 pm MT
  - Wed, Oct 13, 3:00 pm – 5:30 pm MT
  - Wed, Oct 20, 3:00 pm – 5:30 pm MT
  - **Wed, Oct 27 – No Class**
- November:
  - Wed, Nov 3, 3:00 pm – 5:30 pm MT
  - Wed, Nov 10, 3:00 pm – 5:30 pm MT
  - Wed, Nov 17, 3:00 pm – 5:30 pm MT
  - **Wed, Nov 24 – No Class – Thanksgiving Break**
- December:
  - Wed, Dec 1, 3:00 pm – 5:30 pm MT
  - Wed, Dec 8, 3:00 pm – 5:30 pm MT

## **C. Third Students Batch:**

**Dates: Classes are Monday, August 16, 2021 through Monday, December 6, 2021**

**4:00 pm – 7:00 pm MT.**

- August:
  - Mon, Aug 16, 4:00 pm – 7:00 pm MT – Dr. V
  - Mon, Aug 23, 4:00 pm – 7:00 pm MT – Dr. V
  - **Mon, Aug 30 - No Class**
- September:
  - **Mon, Sept 6 – Labor Day**
  - Mon, Sept 13, 4:00 pm – 7:00 pm MT – Dr. V
  - Mon, Sept 20, 4:00 pm – 7:00 pm MT – Dr. V
  - **Mon, Sept 27 – No Class**
- October:
  - Mon, Oct 4, 4:00 pm – 7:00 pm MT – Dr. V
  - Mon, Oct 11, 4:00 pm – 7:00 pm MT – Dr. V
  - Mon, Oct 18, 4:00 pm – 7:00 pm MT – Dr. V
  - **Mon, Oct 25 – No Class**
- November:
  - Mon, Nov 1, 4:00 pm – 7:00 pm MT – Dr. V
  - Mon, Nov 8, 4:00 pm – 7:00 pm MT – Dr. V
  - Mon, Nov 15, 4:00 pm – 7:00 pm MT – Dr. V
  - **Mon, Nov 22 – No Class – Thanksgiving Break**
  - Mon, Nov 29, 4:00 pm – 9:00 pm MT – Dr. V
  - Mon, Dec 6, 4:00 pm – 7:00 pm MT – Dr. V

## **5. Padartha Vigyana: Metaphysical Aspects of Ayurveda:**

**Dates: Classes are Saturday, October 2, 2021 through Saturday, October 9, 2021**

**11:00 am – 6:30 pm MT.**

- Sat, Oct 2, 11:00 am – 6:30 pm MT
- Sun, Oct 3, 11:00 am – 6:30 pm MT
- Sat, Oct 9, 11:00 am – 6:30 pm MT



## **6. Ayurvedic Herbology - Nighantu:**

**Dates: Classes are Thursday, August 17, 2021 through Tuesday, December 7, 2021**

**5:30 pm – 9:00 pm MT.**

- Tue, Aug 17, 5:30 pm – 9:00 pm MT
- Tue, Aug 24, 5:30 pm – 9:00 pm MT
- Tue, Aug 31, 5:30 pm – 9:00 pm MT
- Tue, Sept 7, 5:30 pm – 9:00 pm MT
- Tue, Sept 14, 5:30 pm – 9:00 pm MT
- Tue, Sept 21, 5:30 pm – 9:00 pm MT
- Tue, Sept 28, 5:30 pm – 9:00 pm MT
- Tue, Oct 5, 5:30 pm – 9:00 pm MT
- Tue, Oct 12, 5:30 pm – 9:00 pm MT
- Tue, Oct 19, 5:30 pm – 9:00 pm MT
- **Tue, Oct 26 – No Class**
- Tue, Nov 2, 5:30 pm – 9:00 pm MT
- Tue, Nov 9, 5:30 pm – 9:00 pm MT
- Tue, Nov 16, 5:30 pm – 9:00 pm MT
- **Tue, Nov 23 – No Class – Thanksgiving Break**
- Tue, Nov 30, 5:30 pm – 9:00 pm MT
- Tue, Dec 7, 5:30 pm – 9:00 pm MT

## **7. Ayurvedic Ethnobotany:**

**Dates: Classes are Saturday, October 23, 2021 through Sunday, October 24, 2021**

**11:00 am – 6:00 pm MT.**

- Sat, Oct 23, 11:00 am – 6:00 pm MT
- Sun, Oct 24, 11:00 am – 6:00 pm MT

## **8. Mantra Science:**

**Dates: Classes are Sunday, August 22, 2021 through Sunday, December 12, 2021**

**11:00 am – 6:30 pm MT.**

- Sun, Aug 22, 11:00 am - 6:30 pm MT
- Sun, Sep 19, 11:00 am - 6:30 pm MT
- Sun, Oct 17, 11:00 am - 6:30 pm MT
- Sun, Nov 21, 11:00 am - 6:30 pm MT
- Sun, Dec 12, 11:00 am - 6:30 pm MT

## **9. Vajikaran Therapy:**

**Dates:** Classes are Saturday, November 13, 2021 through Sunday, November 14, 2021

**11:00 am – 6:30 pm MT.**

- Sat, Nov 13, 11:00 am - 6:30 pm MT
- Sun, Nov 14, 11:00 am - 6:30 pm MT

## **10. Vastu Shastra:**

**Dates:** Classes are Saturday, December 4, 2021 through Sunday, December 5, 2021

**10:00 am – 6:30 pm MT.**

- Sat, Dec 4, 10:00 am - 6:30 pm MT
- Sun, Dec 5, 10:00 am - 6:30 pm MT