



**Ayurved Sadhana**  
Healing Begins Here...

“Approved and Regulated by the Colorado Department of Higher Education, Private Occupational School Board.”

## **Fall 2023 Class Schedule**

### **Continuing Students**

# Hands-On Classes - 2023

## **1. Marma Therapy Points:**

**Dates: Classes are Friday, July 28, 2023, through Monday, July 31, 2023**

**9:00 am – 5:30 pm MT.**

- Fri, July 28, 9:00 am – 5:30 pm MT
- Sat, July 29, 9:00 am – 5:30 pm MT
- Sun, July 30, 9:00 am – 5:30 pm MT
- Mon, July 31, 9:00 am – 5:30 pm MT

## **2. Vital Signs Assessments and Diagnosis:**

**Dates: Class is on Wednesday, Aug 2, 2023**

**10:00 am – 6:00 pm MT.**

- Wed, Aug 2, 10:00 am – 6:00 pm MT

## **3. ASV Student Community Clinic Fall 2023 :**

**Dates: Classes are Thursday, August 3, 2023, through Saturday, August 5, 2023**

**9:00 am – 5:30 pm MT.**

- Thurs, Aug 3, 9:00 am – 5:30 pm MT
- Fri, Aug 4, 9:00 am – 5:30 pm MT
- Sat, Aug 5, 9:00 am – 5:30 pm MT

## **4. Graduation Ceremony and Dhanvantari Puja:**

- Sat, Oct 28, 12:00 pm – 3:00 pm MT

## **5. ASV India Clinic – Live Streaming / In-person:**

**Dates: Classes are Friday, November 3, 2023, through Sunday, November 5, 2023**

**6:00 am – 12:30 pm MT.**

- Fri, Nov 3, 6:00 am – 12:30 pm MT
- Sat, Nov 4, 6:00 am – 12:30 pm MT
- Sun, Nov 5, 6:00 am – 12:30 pm MT

## **6. Rasayana: Ayurvedic Rejuvenation Therapy – Formulas Live Streaming / In-person:**

**Dates: Class is on Sunday, Dec 10, 2023, 10:00 am – 6:30 pm MT.**

- Sun, Dec 10, 10:00 am – 6:30 pm MT

# Live-Webinar/Online Classes Fall 2023

## **1. Meditation and Chanting:**

**Dates: Classes are Saturday, August 26, 2023, through Saturday, December 9, 2023**

**11:00 am – 1:30 pm MT.**

- Sat, Aug 26, 11:00 am – 1:30 pm MT
- Sat, Sep 16, 11:00 am – 1:30 pm MT
- Sat, Oct 14, 11:00 am – 1:30 pm MT
- Sat, Nov 18, 11:00 am – 1:30 pm MT
- Sat, Dec 9, 11:00 am – 1:30 pm MT

## **2. Student's Enrichment and Mentoring:**

**Dates: Classes are Saturday, August 26, 2023, through Saturday, December 9, 2023**

**2:00 pm – 5:00 pm MT.**

- Sat, Aug 26, 2:00 pm - 5:00 pm MT
- Sat, Sep 16, 2:00 pm - 5:00 pm MT
- Sat, Oct 14, 2:00 pm - 5:00 pm MT
- Sat, Nov 18, 2:00 pm - 5:00 pm MT
- Sat, Dec 9, 2:00 pm - 5:00 pm MT

### **3. Sanskrit – Part 1:**

**Dates: Classes are Wednesday, August 16, 2023, through Wednesday, December 6, 2023**

**6:00 pm – 8:00 pm MT.**

- August:
  - Wed, Aug 16, 6:00 pm – 8:00 pm MT
  - Wed, Aug 23, 6:00 pm – 8:00 pm MT
  - Wed, Aug 30, 6:00 pm – 8:00 pm MT
- September:
  - Wed, Sep 6, 6:00 pm – 8:00 pm MT
  - Wed, Sep 13, 6:00 pm – 8:00 pm MT
  - Wed, Sep 20, 6:00 pm – 8:00 pm MT
  - Wed, Sep 27, 6:00 pm – 8:00 pm MT
- October:
  - Wed, Oct 4, 6:00 pm – 8:00 pm MT
  - Wed, Oct 11, 6:00 pm – 8:00 pm MT
  - Wed, Oct 18, 6:00 pm – 8:00 pm MT
  - Wed, Oct 25, 6:00 pm – 8:00 pm MT
- November:
  - Wed, Nov 8, 6:00 pm – 8:00 pm MT
  - Wed, Nov 15, 6:00 pm – 8:00 pm MT
  - Wed, Nov 29, 6:00 pm – 8:00 pm MT
- December:
  - Wed, Dec 6, 6:00 pm – 8:00 pm MT

## **4. Ayurvedic Internship-Externship - One-on-One:**

### **a. Senior, Fall 2020 & Transfer Students Batch:**

**Dates: Classes are Monday, August 14, 2023, through Monday, December 11, 2023**

**4:00 pm – 9:00 pm MT.**

- August:
  - Mon, Aug 14, 4:00 pm – 9:00 pm MT
  - Mon, Aug 21, 4:00 pm – 9:00 pm MT
  - Mon, Aug 28, 4:00 pm – 9:00 pm MT
- September:
  - Mon, Sept 11, 4:00 pm – 9:00 pm MT
  - Mon, Sept 18, 4:00 pm – 9:00 pm MT
  - Mon, Sept 25, 4:00 pm – 9:00 pm MT
- October:
  - Mon, Oct 2, 4:00 pm – 9:00 pm MT
  - Mon, Oct 9, 4:00 pm – 9:00 pm MT
  - Mon, Oct 16, 4:00 pm – 9:00 pm MT
  - Mon, Oct 23, 4:00 pm – 9:00 pm MT
  - Mon, Oct 30, 4:00 pm – 9:00 pm MT
- November:
  - Mon, Nov 6, 4:00 pm – 9:00 pm MT
  - Mon, Nov 27, 4:00 pm – 9:00 pm MT
- December:
  - Mon, Dec 4, 4:00 pm – 9:00 pm MT
  - Mon, Dec 11, 4:00 pm – 9:00 pm MT

## **b. Fall 2021 & Fall 2022 Students Batch:**

**Dates: Classes are Monday, August 14, 2023, through Monday, December 11, 2023**

**4:00 pm – 9:00 pm MT.**

- August:
  - Mon, Aug 14, 4:00 pm – 9:00 pm MT
  - Mon, Aug 21, 4:00 pm – 9:00 pm MT
  - Mon, Aug 28, 4:00 pm – 9:00 pm MT
- September:
  - Mon, Sept 11, 4:00 pm – 9:00 pm MT
  - Mon, Sept 18, 4:00 pm – 9:00 pm MT
  - Mon, Sept 25, 4:00 pm – 9:00 pm MT
- October:
  - Mon, Oct 2, 4:00 pm – 9:00 pm MT
  - Mon, Oct 9, 4:00 pm – 9:00 pm MT
  - Mon, Oct 16, 4:00 pm – 9:00 pm MT
  - Mon, Oct 23, 4:00 pm – 9:00 pm MT
  - Mon, Oct 30, 4:00 pm – 9:00 pm MT
- November:
  - Mon, Nov 6, 4:00 pm – 9:00 pm
  - Mon, Nov 27, 4:00 pm – 9:00 pm MT
- December:
  - Mon, Dec 4, 4:00 pm – 9:00 pm MT
  - Mon, Dec 11, 4:00 pm – 9:00 pm M

## **5. Nighantu: Advanced Ayurvedic Herbal Studies- Part 2:**

**Dates: Classes are Tuesday, August 15, 2023, through Tuesday, December 12, 2023**

**5:30 pm – 9:00 pm MT.**

- Tues, Aug 15, 5:30 am – 9:00 pm MT
- Tues, Aug 22, 5:30 am – 9:00 pm MT
- Tues, Aug 29, 5:30 am – 9:00 pm MT
- Tues, Sept 5, 5:30 am – 9:00 pm MT
- Tues, Sept 12, 5:30 am – 9:00 pm MT
- Tues, Sept 19, 5:30 am – 9:00 pm MT
- Tues, Sept 26, 5:30 am – 9:00 pm MT
- Tues, Oct 3, 5:30 pm – 9:00 pm MT
- Tues, Oct 10, 5:30 pm – 9:00 pm MT
- Tues, Oct 17, 5:30 pm – 9:00 pm MT
- Tues, Oct 24, 5:30 pm – 9:00 pm MT
- Tues, Nov 7, 5:30 pm – 9:00 pm MT
- Tues, Nov 28, 5:30 pm – 9:00 pm MT
- Tues, Dec 5, 5:30 pm – 9:00 pm MT
- Tues, Dec 12, 5:30 pm – 9:00 pm MT

## **6. Shalaky Tantra II: Eye Ailments (AAPP):**

**Dates: Classes are Thursday, August 17, 2023, through Thursday, September 21, 2023**

**10:00 am – 6:30 pm MT.**

- Thurs, Aug 17, 5:30 pm – 9:00 pm MT
- Thurs, Aug 24, 5:30 pm – 9:00 pm MT
- Thurs, Aug 31, 5:30 pm – 9:00 pm MT
- Thurs, Sept 7, 5:30 pm – 9:00 pm MT
- Thurs, Sept 14, 5:30 pm – 9:00 pm MT
- Thurs, Sept 21, 5:30 pm – 9:00 pm MT

## **7. Vastu Shastra:**

**Dates: Classes are Saturday, August 19, 2023, through Sunday, August 20, 2023**

**10:00 am – 6:30 pm MT.**

- Sat, Aug 19, 10:00 am - 6:30 pm MT
- Sun, Aug 20, 10:00 am - 6:30 pm MT

## **8. Western Terminology and Understanding:**

**Dates: Classes are Saturday, September 23, 2023, through Sunday, September 24, 2023**

**10:00 am – 6:30 pm MT.**

- Sat, Sept 23, 10:00 am - 6:30 pm MT
- Sun, Sept 24, 10:00 am - 6:30 pm MT

## **9. Rasayana: Ayurvedic Rejuvenation Therapy - Theory:**

**Dates: Classes are Saturday, 2, 2023, through Sunday, October 15, 2023**

**11:00 am – 6:00 pm MT / 6:30 pm MT**

- Sat, Sept 2, 11:00 am - 6:00 pm MT - Theory
- Sun, Sept 3, 11:00 am - 6:00 pm MT - Theory
- Sat, Sept 30, 11:00 am - 6:00 pm MT - Theory
- Sun, Oct 1, 11:00 am - 6:00 pm MT - Theory
- Sun, Oct 15, 11:00 am - 6:00 pm MT - Theory
- Sun, Dec 10, 10:00 am – 6:30 pm MT – **Hands-on Formulas**

## **10. Ayurvedic Ethnobotany:**

**Dates: Classes are Saturday, October 21, 2023, through Sunday, October 22, 2023**

**11:00 am – 6:30 pm MT.**

- Sat, Oct 21, 11:00 am - 6:30 pm MT
- Sun, Oct 22, 11:00 am - 6:30 pm MT

## **11. Madhav Nidan Basics Part 1 – Clinical Examination:**

**Dates: Classes are Saturday, December 2, 2023, through Sunday, December 3, 2023**

**10:00 am – 6:30 pm MT.**

- Sat, Dec 2, 10:00 am - 6:30 pm MT
- Sun, Dec 3, 10:00 am - 6:30 pm MT