



Ayurved Sadhana
Healing Begins Here...

“Approved and Regulated by the Colorado Department of Higher Education, Private Occupational School Board.”

Fall 2024 Class Schedule

Continuing Students

Mark Orientation Date

Sunday, July 7, 2024, 11:00 am - 12:00 pm MT

Hands-On Classes – Fall 2024

1. ASV Ayurvedic Student Community Clinic Fall 2024- Live Streaming/ In-person: New Students can attend one of the days to experience.

Dates: Classes are Friday, August 16, 2024 – Sunday, August 18, 2024; 9:00 am – 5:30 pm MT

- Fri, Aug 16, 9:00 am – 5:30 pm MT
- Sat, Aug 17, 9:00 am – 5:30 pm MT
- Sun, Aug 18, 9:00 am – 5:30 pm MT

2. ASV Ayurvedic India Clinic Fall 2024: New Students do need to attend it as observation.

Dates: Classes are Saturday, October 12, 2024 – Sunday, October 13, 2024; 6:00 am – 12:00 pm MT

- Sat, Oct 12, 6:00 am – 12:00 pm MT
- Sun, Oct 13, 6:00 am – 12:00 pm MT

3. Graduation Ceremony and Dhanvantari Puja:

- Sat, Oct 26, 12:00 pm – 3:00 pm MT

4. Ayurvedic Cooking for Seasons and Doshic Balance – Live Streaming/In-person:

Dates: Classes are Saturday, November 2, 2024 – Sunday, November 3, 2024; 10:00 am – 6:30 pm MT

- Sat, Nov 2, 10:00 am – 6:30 pm MT
- Sun, Nov 3, 10:00 am – 6:30 pm MT

5. Herbal Oils, Tinctures, Syrups, Salves and Ghee Preparations – Live Streaming / In-person:

Dates: Classes are Saturday, December 7, 2024 – Sunday, December 8, 2024; 10:00 am – 6:30 pm MT

- Sat, Dec 7, 10:00 am – 6:30 pm MT
- Sun, Dec 8, 10:00 am – 6:30 pm MT

Live-Webinar/Online Classes Fall 2024

1. Ayurvedic Internship-Externship - One-on-One:

a. Senior Students Batch – Susan B:

Dates: Classes are Monday, August 12, 2024 – Monday, December 9, 2024; 4:00 pm – 8:30 pm MT.

- Mon, Aug 12, 4:00 pm – 8:30 pm MT
- **Mon, Aug 19 No Class**
- Mon, Aug 26, 4:00 pm – 8:30 pm MT
- **Mon, Sept 2 – No Class (Labor Day)**
- Mon, Sept 9, 4:00 pm – 8:30 pm MT
- Mon, Sept 16, 4:00 pm – 8:30 pm MT
- Mon, Sept 23, 4:00 pm – 8:30 pm MT
- Mon, Sept 30, 4:00 pm – 8:30 pm MT
- Mon, Oct 7, 4:00 pm – 8:30 pm MT
- Mon, Oct 14, 4:00 pm – 8:30 pm MT
- Mon, Oct 21, 4:00 pm – 8:30 pm MT
- Mon, Oct 28, 4:00 pm – 8:30 pm MT
- Mon, Nov 4, 4:00 pm – 8:30 pm MT
- Mon, Nov 11, 4:00pm – 8:30pm MT
- Mon, Nov 18, 4:00pm – 8:30pm
- **Mon, Nov 25 – No Class (Thanksgiving Break)**
- Mon, Dec 2, 4:00 pm – 8:30 pm MT
- Mon, Dec 9, 4:00 pm – 8:30 pm MT

b. Fall 2021, Fall 2022, and Fall 2023 Students Batch – Dr. Vaidya:

Dates: Classes are Monday, August 12, 2024 – Monday, December 9, 2024; 4:00 pm – 8:30 pm MT.

- Mon, Aug 12, 4:00 pm – 8:00 pm MT
- **Mon, Aug 19 No Class**
- Mon, Aug 26, 4:00 pm – 8:00 pm MT
- **Mon, Sept 2 – No Class (Labor Day)**
- Mon, Sept 9, 4:00 pm – 8:00 pm MT
- Mon, Sept 16, 4:00 pm – 8:00 pm MT
- Mon, Sept 23, 4:00 pm – 8:00 pm MT
- Mon, Sept 30, 4:00 pm – 8:00 pm MT
- Mon, Oct 7, 4:00 pm – 8:00 pm MT
- Mon, Oct 14, 4:00 pm – 8:00 pm MT
- Mon, Oct 21, 4:00 pm – 8:00 pm MT
- Mon, Oct 28, 4:00 pm – 8:00 pm MT
- Mon, Nov 4, 4:00 pm – 8:00 pm MT
- Mon, Nov 11, 4:00pm – 8:00 pm MT
- Mon, Nov 18, 4:00pm – 8:00 pm MT
- **Mon, Nov 25 – No Class (Thanksgiving Break)**
- Mon, Dec 2, 4:00 pm – 8:00 pm MT
- Mon, Dec 9, 4:00 pm – 8:00 pm MT

1. Nighantu: Advanced Ayurvedic Herbal Studies- Part 2:

Dates: Classes are Tuesday, August 13, 2024 – Tuesday, December 3, 2023; 4:30 pm – 8:00 pm MT.

- Tue, Aug 13, 4:30 pm – 8:00 pm MT
- Tue, Aug 20, 4:30 pm – 8:00 pm MT
- Tue, Aug 27, 4:30 pm – 8:00 pm MT
- Tue, Sept 3, 4:30 pm – 8:00 pm MT
- Tue, Sept 10, 4:30 pm – 8:00 pm MT
- Tue, Sept 17, 4:30 pm – 8:00 pm MT
- Tue, Sept 24, 4:30 pm – 8:00 pm MT
- Tue, Oct 1, 4:30 pm – 8:00 pm MT
- Tue, Oct 8, 4:30 pm – 8:00 pm MT
- Tue, Oct 15, 4:30 pm – 8:00 pm MT
- Tue, Oct 22, 4:30 pm – 8:00 pm MT
- Tue, Oct 29, 4:30 pm – 8:00 pm MT
- **Tue, November 5 – No Class (General Election Day)**
- Tue, Nov 12, 4:30 pm – 8:00 pm MT
- Tue, Nov 19, 4:30 pm – 8:00 pm MT
- **Tue, Nov 26– No Class (Thanksgiving Break)**
- Tue, Dec 3, 4:30 pm – 8:00 pm MT

2. Jyotish and Ayurveda – Part 1:

Dates: Classes are Wednesday, August 14, 2024 – Wednesday, December 4, 2024; 5:00 pm – 7:00 pm MT.

- Wed, Aug 14, 5:00 pm – 7:00 pm MT
- Wed, Aug 21, 5:00 pm – 7:00 pm MT
- Wed, Aug 28, 5:00 pm – 7:00 pm MT
- Wed, Sep 4, 5:00 pm – 7:00 pm MT
- Wed, Sep 11, 5:00 pm – 7:00 pm MT
- Wed, Sep 18, 5:00 pm – 7:00 pm MT
- Wed, Sep 25, 5:00 pm – 7:00 pm MT
- Wed, Oct 2, 5:00 pm – 7:00 pm MT
- Wed, Oct 9, 5:00 pm – 7:00 pm MT
- Wed, Oct 16, 5:00 pm – 7:00 pm MT
- Wed, Oct 23, 5:00 pm – 7:00 pm MT
- Wed, Oct 30, 5:00 pm – 7:00 pm MT
- Wed, Nov 6, 5:00 pm – 7:00 pm MT
- Wed, Nov 13, 5:00 pm – 7:00 pm MT
- Wed, Nov 20, 5:00 pm – 7:00 pm MT
- Wed, Dec 4, 5:00 pm – 7:00 pm MT

Required Text: Gia's Jyotish Book – Gia will be sending the book before class starts for the cost of the book and shipping cost.

3. Manas Shashtra: Ayurvedic Psychology - Dr. Vaidya:

Dates: Classes are Thursday, August 15, 2024 – Thursday, September 19, 2024; 4:30 pm – 8:00 pm MT.

- Thur, Aug 15, 4:30 pm – 8:30 pm MT
- Thur, Aug 22, 4:30 pm – 8:30 pm MT
- Thur, Aug 29, 4:30 pm – 8:30 pm MT
- Thur, Sept 5, 4:30 pm – 8:30 pm MT
- Thur, Sept 12, 4:30 pm – 8:30 pm MT
- Thur, Sept 19, 4:30pm– 8:30 pm MT

4. Meditation and Chanting:

Dates: Classes are Saturday, August 24, 2024 – Saturday, December 14, 2024; 11:00 am – 1:30 pm MT.

- Sat, Aug 24, 11:00 am – 1:30 pm MT
- Sat, Sep 21, 11:00 am – 1:30 pm MT
- Sat, Oct 19, 11:00 am – 1:30 pm MT
- Sat, Nov 16, 11:00 am – 1:30 pm MT
- Sat, Dec 14, 11:00 am – 1:30 pm MT

5. Student's Enrichment and Mentoring:

Dates: Classes are Saturday, August 24, 2024 – Saturday, December 14, 2024; 2:00 pm – 5:00 pm MT.

- Sat, Aug 24, 2:00 pm - 5:00 pm MT
- Sat, Sep 21, 2:00 pm - 5:00 pm MT
- Sat, Oct 19, 2:00 pm - 5:00 pm MT
- Sat, Nov 16, 2:00 pm - 5:00 pm MT
- Sat, Dec 14, 2:00 pm - 5:00 pm MT

6. Ayurvedic Ethnobotany:

Dates: Classes are Saturday, September 7, 2024 – Sunday, September 8, 2024; 11:00 am – 6:30 pm MT.

- Sat, Sept 7, 11:00 am - 6:30 pm MT
- Sun, Sept 8, 11:00 am - 6:30 pm MT

7. Ayurvedic Classical Sutras:

Dates: Classes are Saturday, October 5, 2024 – Sunday, October 6, 2024; 10:00 am – 6:30 pm MT.

- Sat, Oct 5, 10:00 am - 6:30 pm MT
- Sun, Oct 6, 10:00 am - 6:30 pm MT

8. Mantra Science (AAPP)

Dates: Classes are Wednesday, August 14, 2024 - Wednesday, December 4, 2024; 4:30 pm – 5:30 pm MT

- Wed, Aug 14, 4:00 pm – 5:00 pm MT
- Wed, Aug 21, 4:00 pm – 5:00 pm MT
- Wed, Aug 28, 4:00 pm – 5:00 pm MT
- Wed, Sep 4, 4:00 pm – 5:00 pm MT
- Wed, Sep 11, 4:00 pm – 5:00 pm MT
- Wed, Sep 18, 4:00 pm – 5:00 pm MT
- Wed, Sep 25, 4:00 pm – 5:00 pm MT
- Wed, Oct 2, 4:00 pm – 5:00 pm MT
- Wed, Oct 9, 4:00 pm – 5:00 pm MT
- Wed, Oct 16, 4:00 pm – 5:00 pm MT
- Wed, Oct 23, 4:00 pm – 5:00 pm MT
- Wed, Oct 30, 4:00 pm – 5:00 pm MT
- Wed, Nov 6, 4:00 pm – 5:00 pm MT
- Wed, Nov 13, 4:00 pm – 5:00 pm MT
- Wed, Nov 20, 4:00 pm – 5:00 pm MT
- **Wed, Nov 27 No Class (Thanksgiving Break)**
- Wed, Dec 4, 4:00 pm – 5:00 pm MT

9. Advanced Madhav Nidan - Advanced Analytical Criteria for Ailments (AAPP):

Dates: Classes are from Sunday, August 25, 2024 – Sunday, November 17, 2024; 11:00 am – 5:00 pm MT

- Sun, Aug 25, 11:00 am - 5:00 pm MT
- Sat, Sep 14, 11:00 am - 5:00 pm MT
- Sun, Sep 15, 11:00 am - 5:00 pm MT
- Sat, Sep 28, 11:00 am - 5:00 pm MT
- Sun, Sep 29, 11:00 am - 5:00 pm MT
- Sat, Oct 5, 11:00 am - 5:00 pm MT
- Sun, Oct 6, 11:00 am - 5:00 pm MT
- Sun, Oct 20, 11:00 am - 5:00 pm MT
- Sun, Nov 17, 11:00 am - 5:00 pm MT

10. Madhav Nidan Basics - Clinical Examination (Pariksha) - Part 1:

Dates: Classes are Saturday, November 9, 2024 – Sunday, November 10, 2024; 9:00 am – 5:00 pm MT.

- Sat, Nov 9, 9:00 am – 5:00 pm MT.
- Sun, Nov 10, 9:00 am – 5:00 pm MT

