



Ayurved Sadhana
Healing Begins Here...

“Approved and Regulated by the Colorado Department of Higher Education, Private Occupational School Board.”

Fall 2023 Class Schedule

New Students

Mark Orientation Date: July 21, 2023, 3:00 pm - 5:00 pm MT

Hands-On Classes - 2023

1. Graduation Ceremony and Dhanvantari Puja:

- Sat, Oct 28, 12:00 pm – 3:00 pm MT

2. ASV India Clinic – Live Streaming / In-person:

Dates: Classes are Friday, November 3, 2023, through Sunday, November 5, 2023

6:00 am – 12:30 pm MT.

- Fri, Nov 3, 6:00 am – 12:30 pm MT
- Sat, Nov 4, 6:00 am – 12:30 pm MT
- Sun, Nov 5, 6:00 am – 12:30 pm MT

Live-Webinar/Online Classes Fall 2023

1. History of Ayurved – Journey of Significance:

Dates: Classes are Monday, August 7, 2023, through Friday, August 11, 2023

5:30 pm – 9:00 pm MT.

- Mon, Aug 7, 5:30 pm – 9:00 pm MT
- Tues, Aug 8, 5:30 pm – 9:00 pm MT
- Wed, Aug 9, 5:30 pm – 9:00 pm MT
- Thu, Aug 10, 5:30 pm – 9:00 pm MT
- Fri, Aug 11, 5:30 pm – 9:00 pm MT

2. Fundamentals of Ayurveda:

Dates: Classes are Thursday, August 17, 2023, through Thursday, September 21, 2023

5:30 pm – 9:00 pm MT.

- Thu, Aug 17, 5:30 pm – 9:00 pm MT
- Thu, Aug 24, 5:30 pm – 9:00 pm MT
- Thu, Aug 31, 5:30 pm – 9:00 pm MT
- Thu, Sept 7, 5:30 pm – 9:00 pm MT
- Thu, Sept 14, 5:30 pm – 9:00 pm MT
- Thu, Sept 21, 5:30 pm – 9:00 pm MT

3. Dhatu and Srotamsi – Ayurvedic Pathologies:

Dates: Classes are Thursday, September 28, 2023, through Thursday, October 26, 2023

5:30 pm – 9:00 pm MT.

- Thu, Sept 28, 5:30 pm – 9:00 pm MT
- Thu, Oct 5, 5:30 pm – 9:00 pm MT
- Thu, Oct 12, 5:30 pm – 9:00 pm MT
- Thu, Oct 19, 5:30 pm – 9:00 pm MT
- Thu, Oct 26, 5:30 pm – 9:00 pm MT

4. Meditation and Chanting:

Dates: Classes are Saturday, August 26, 2023, through Saturday, December 9, 2023

11:00 am – 1:30 pm MT.

- Sat, Aug 26, 11:00 am – 1:30 pm MT
- Sat, Sep 16, 11:00 am – 1:30 pm MT
- Sat, Oct 14, 11:00 am – 1:30 pm MT
- Sat, Nov 18, 11:00 am – 1:30 pm MT
- Sat, Dec 9, 11:00 am – 1:30 pm MT

5. Student's Enrichment and Mentoring:

Dates: Classes are Saturday, August 26, 2023, through Saturday, December 9, 2023

2:00 pm – 5:00 pm MT.

- Sat, Aug 26, 2:00 pm - 5:00 pm MT
- Sat, Sep 16, 2:00 pm - 5:00 pm MT
- Sat, Oct 14, 2:00 pm - 5:00 pm MT
- Sat, Nov 18, 2:00 pm - 5:00 pm MT
- Sat, Dec 9, 2:00 pm - 5:00 pm MT

6. Sanskrit – Part 1:

Dates: Classes are Wednesday, August 16, 2023, through Wednesday, December 6, 2023

6:00 pm – 8:00 pm MT.

- August:
 - Wed, Aug 16, 6:00 pm – 8:00 pm MT
 - Wed, Aug 23, 6:00 pm – 8:00 pm MT
 - Wed, Aug 30, 6:00 pm – 8:00 pm MT
- September:
 - Wed, Sep 6, 6:00 pm – 8:00 pm MT
 - Wed, Sep 13, 6:00 pm – 8:00 pm MT
 - Wed, Sep 20, 6:00 pm – 8:00 pm MT
 - Wed, Sep 27, 6:00 pm – 8:00 pm MT
- October:
 - Wed, Oct 4, 6:00 pm – 8:00 pm MT
 - Wed, Oct 11, 6:00 pm – 8:00 pm MT
 - Wed, Oct 18, 6:00 pm – 8:00 pm MT
 - Wed, Oct 25, 6:00 pm – 8:00 pm MT
- November:
 - Wed, Nov 8, 6:00 pm – 8:00 pm MT
 - Wed, Nov 15, 6:00 pm – 8:00 pm MT
 - Wed, Nov 29, 6:00 pm – 8:00 pm MT
- December:
 - Wed, Dec 6, 6:00 pm – 8:00 pm MT

7. Western Terminology and Understanding – Dr. Pai:

Dates: Classes are Saturday, September 23, 2023, through Sunday, September 24, 2023

10:00 am – 6:30 pm MT.

- Sat, Sept 23, 10:00 am - 6:30 pm MT
- Sun, Sept 24, 10:00 am - 6:30 pm MT

8. Ayurvedic Ethnobotany:

Dates: Classes are Saturday, October 21, 2023, through Sunday, October 22, 2023

11:00 am – 6:30 pm MT.

- Sat, Oct 21, 11:00 am - 6:30 pm MT
- Sun, Oct 22, 11:00 am - 6:30 pm MT

9. Ayurved and Hygiene – Swasthavritta:

Dates: Classes are Thursday, November 16, 2023, through Thursday, December 14, 2023

5:00 pm – 9:00 pm MT.

- Thu, Nov 16, 5:00 pm – 9:00 pm MT
- Thu, Nov 30, 5:00 pm – 9:00 pm MT
- Thu, Dec 7, 5:00 pm – 9:00 pm MT
- Thu, Dec 14, 5:00 pm – 9:00 pm MT

10. Madhav Nidan Basics Part 1 – Clinical Examination:

Dates: Classes are Saturday, December 2, 2023, through Sunday, December 3, 2023

10:00 am – 6:30 pm MT.

- Sat, Dec 2, 10:00 am - 6:30 pm MT
- Sun, Dec 3, 10:00 am - 6:30 pm MT