



Ayurved Sadhana
Healing Begins Here...

“Approved and Regulated by the Colorado Department of Higher Education, Private Occupational School Board.”

Fall 2024 Class Schedule

New Students

Mark Orientation Date

Saturday, July 27, 2024, 12:00 pm - 2:00 pm MT

Hands-On Classes - 2024

1. ASV Ayurvedic Student Community Clinic Fall 2024- Live Streaming / In-person: New Students can attend one of the days to experience.

Dates: Classes are Friday, August 16, 2024, 9:00 am – Sunday, August 18, 2024, 5:30 pm MT

- Fri, Aug 16, 9:00 am – 5:30 pm MT
- Sat, Aug 17, 9:00 am – 5:30 pm MT
- Sun, Aug 18, 9:00 am – 5:30 pm MT

2. ASV Ayurvedic India Clinic Fall 2024: New Students do need to attend it as observation.

Dates: Classes are Saturday, October 12, 2024, 6:00 am – Sunday, October 13, 2024, 12:00 pm MT

- Sat, Oct 12, 6:00 am – 12:00 pm MT
- Sun, Oct 13, 6:00 am – 12:00 pm MT

3. Graduation Ceremony and Dhanvantari Puja:

- Sat, Oct 26, 12:00 pm – 3:00 pm MT

4. Ayurvedic Cooking for Seasons and Doshic Balance – Live Streaming / In-person:

Dates: Classes are Saturday, November 2, 2024, 10:00 am – Sunday, November 3, 2024, 6:30 pm MT

- Sat, Nov 2, 10:00 am – 6:30 pm MT
- Sun, Nov 3, 10:00 am – 6:30 pm MT

Live-Webinar/Online Classes Fall 2024

1. History of Ayurved – Journey of Significance:

Dates: Classes are Monday, August 5, 2024, through Friday, August 9, 2024

4:30 pm – 8:00 pm MT.

- Mon, Aug 5, 4:30 pm – 8:00 pm MT
- Tues, Aug 6, 4:30 pm – 8:00 pm MT
- Wed, Aug 7, 4:30 pm – 8:00 pm MT
- Thu, Aug 8, 4:30 pm – 8:00 pm MT
- Fri, Aug 9, 4:30 pm – 8:00 pm MT

2. Fundamentals of Ayurveda:

Dates: Classes are Thursday, August 15, 2024, through Thursday, September 19, 2024

4:30 pm – 8:00 pm MT.

- Thu, Aug 15, 4:30 pm – 8:00 pm MT
- Thu, Aug 22, 4:30 pm – 8:00 pm MT
- Thu, Aug 29, 4:30 pm – 8:00 pm MT
- Thu, Sept 5, 4:30 pm – 8:00 pm MT
- Thu, Sept 12, 4:30 pm – 8:00 pm MT
- Thu, Sept 19, 4:30 pm – 8:00 pm MT

3. Jyotish and Ayurveda – Part 1:

Dates: Classes are Wednesday, August 14, 2024, through Wednesday, December 4, 2024, 5:00 pm – 7:00 pm MT.

- **August:**
 - Wed, Aug 14, 5:00 pm – 7:00 pm MT
 - Wed, Aug 21, 5:00 pm – 7:00 pm MT
 - Wed, Aug 28, 5:00 pm – 7:00 pm MT
- **September:**
 - Wed, Sep 4, 5:00 pm – 7:00 pm MT
 - Wed, Sep 11, 5:00 pm – 7:00 pm MT
 - Wed, Sep 18, 5:00 pm – 7:00 pm MT
 - Wed, Sep 25, 5:00 pm – 7:00 pm MT
- **October:**
 - Wed, Oct 2, 5:00 pm – 7:00 pm MT
 - Wed, Oct 9, 5:00 pm – 7:00 pm MT
 - Wed, Oct 16, 5:00 pm – 7:00 pm MT
 - Wed, Oct 23, 5:00 pm – 7:00 pm MT
 - Wed, Oct 30, 5:00 pm – 7:00 pm MT
- **November:**
 - Wed, Nov 6, 5:00 pm – 7:00 pm MT
 - Wed, Nov 13, 5:00 pm – 7:00 pm MT
 - Wed, Nov 20, 5:00 pm – 7:00 pm MT
- **December:**
 - Wed, Dec 4, 5:00 pm – 7:00 pm MT

Required Text: Gia's Jyotish Book – Gia will be sending the book before class starts for the cost of the book and shipping cost.

4. Dhatu and Srotamsi – Ayurvedic Pathologies:

Dates: Classes are Thursday, September 26, 2024, through Thursday, October 24, 2024 4:30 pm – 8:00 pm MT.

- Thu, Sept 26, 4:30 pm – 8:00 pm MT
- Thu, Oct 3, 4:30 pm – 8:00 pm MT
- Thu, Oct 10, 4:30 pm – 8:00 pm MT
- Thu, Oct 17, 4:30 pm – 8:00 pm MT
- Thu, Oct 24, 4:30 pm – 8:00 pm MT

5. Meditation and Chanting:

Dates: Classes are Saturday, August 24, 2024, through Saturday, December 14, 2024

11:00 am – 1:30 pm MT.

- Sat, Aug 24, 11:00 am – 1:30 pm MT
- Sat, Sep 21, 11:00 am – 1:30 pm MT
- Sat, Oct 19, 11:00 am – 1:30 pm MT
- Sat, Nov 16, 11:00 am – 1:30 pm MT
- Sat, Dec 14, 11:00 am – 1:30 pm MT

6. Student's Enrichment and Mentoring:

Dates: Classes are Saturday, August 24, 2024, through Saturday, December 14, 2024

2:00 pm – 5:00 pm MT.

- Sat, Aug 24, 2:00 pm - 5:00 pm MT
- Sat, Sep 21, 2:00 pm - 5:00 pm MT
- Sat, Oct 19, 2:00 pm - 5:00 pm MT
- Sat, Nov 16, 2:00 pm - 5:00 pm MT
- Sat, Dec 14, 2:00 pm - 5:00 pm MT

7. Ayurvedic Ethnobotany:

Dates: Classes are Saturday, September 7, 2024, through Sunday, September 8, 2024

11:00 am – 6:30 pm MT.

- Sat, Sept 7, 11:00 am - 6:30 pm MT
- Sun, Sept 8, 11:00 am - 6:30 pm MT

8. Ayurvedic Classical Sutras:

Dates: Classes are Saturday, October 5, 2024, through Sunday, October 6, 2024

10:00 am – 6:30 pm MT.

- Sat, Oct 5, 10:00 am - 6:30 pm MT
- Sun, Oct 6, 10:00 am - 6:30 pm MT

9. Ayurved and Hygiene – Swasthavritta:

**Dates: Classes are Thursday, November 7, 2024, through Thursday, December 12, 2024
4:30 pm – 9:00 pm MT.**

- Thu, Nov 7, 4:30 pm – 8:00 pm MT
- Thu, Nov 14, 4:30 pm – 8:00 pm MT
- Thu, Nov 21, 4:30 pm – 8:00 pm MT
- Thu, Dec 5, 4:30 pm – 8:00 pm MT
- Thu, Dec 12, 4:30 pm – 8:00 pm MT

10. Madhav Nidan Basics - Clinical Examination (Pariksha) - Part 1:

**Dates: Classes are Saturday, November 9, 2024, through Saturday, November 10, 2024,
9:00 am – 5:00 pm MT.**

- November:
 - Sat, Nov 9, 9:00 am – 5:00 pm MT.
 - Sun, Nov 10, 9:00 am – 5:00 pm MT

