



Ayurved Sadhana
Healing Begins Here...

“Approved and Regulated by the Colorado Department of Higher Education, Private Occupational School Board.”

Fall 2025 Class Schedule

New Students

Mark Orientation Date

Sunday, July 27, 2025, 11:00 am - 12:30 pm MT

Hands-On Classes - 2025

1. ASV Ayurvedic Student Community Clinic Fall 2025- Live Streaming / In-person:

Dates: Classes are Friday, August 22, 2025, 9:00 am – Sunday, August 24, 2025, 5:30 pm MT

- Fri, Aug 22, 9:00 am – 5:30 pm MT
- Sat, Aug 23, 9:00 am – 5:30 pm MT
- Sun, Aug 24, 9:00 am – 5:30 pm MT

2. ASV Ayurvedic India Clinic Fall 2025:

Dates: Classes are Saturday, October 25, 2025, 6:00 am – Sunday, October 26, 2025, 12:00 pm MT

- Sat, Oct 25, 6:00 am – 12:00 pm MT
- Sun, Oct 26, 6:00 am – 12:00 pm MT

3. Graduation Ceremony and Dhanvantari Puja:

- Sat, Oct 18, 11:00 am – 2:00 pm MT

4. Ayurvedic Cooking for Seasons and Doshic Balance – Live Streaming / In-person:

Dates: Classes are Saturday, September 27, 2025, 10:00 am – Sunday, September 28, 2025, 6:30 pm MT

- Sat, Sept 27, 10:00 am – 6:30 pm MT
- Sun, Sept 28, 10:00 am – 6:30 pm MT

Live-Webinar/Online Classes Fall 2025

1. History of Ayurved – Journey of Significance:

Dates: Classes are Monday, August 4, 2025, through Friday, August 8, 2025

4:30 pm – 8:00 pm MT.

- Mon, Aug 4, 4:30 pm – 8:00 pm MT
- Tues, Aug 5, 4:30 pm – 8:00 pm MT
- Wed, Aug 6, 4:30 pm – 8:00 pm MT
- Thu, Aug 7, 4:30 pm – 8:00 pm MT
- Fri, Aug 8, 4:30 pm – 8:00 pm MT

2. Fundamentals of Ayurveda:

Dates: Classes are Thursday, August 14, 2025, through Thursday, September 25, 2025

4:30 pm – 8:00 pm MT.

- Thu, Aug 14, 4:30 pm – 8:00 pm MT
- Thu, Aug 28, 4:30 pm – 8:00 pm MT
- Thu, Sept 4, 4:30 pm – 8:00 pm MT
- Thu, Sept 11, 4:30 pm – 8:00 pm MT
- Thu, Sept 18, 4:30 pm – 8:00 pm MT
- Thu, Sept 25, 4:30 pm – 8:00 pm MT

3. Sanskrit:

Dates: Classes are Wednesday, August 13, 2025, through Wednesday, December 3, 2025, 4:00 pm – 5:30 pm MT.

- **August:**
 - Wed, Aug 13, 4:00 pm – 5:30 pm MT
 - Wed, Aug 20, 4:00 pm – 5:30 pm MT
 - Wed, Aug 27, 4:00 pm – 5:30 pm MT
- **September:**
 - Wed, Sep 3, 4:00 pm – 5:30 pm MT
 - Wed, Sep 10, 4:00 pm – 5:30 pm MT
 - Wed, Sep 17, 4:00 pm – 5:30 pm MT
 - Wed, Sep 24, 4:00 pm – 5:30 pm MT

- **October:**
 - Wed, Oct 1, 4:00 pm – 5:30 pm MT
 - Wed, Oct 8, 4:00 pm – 5:30 pm MT
 - Wed, Oct 15, 4:00 pm – 5:30 pm MT
 - Wed, Oct 22, 4:00 pm – 5:30 pm MT
 - Wed, Oct 29, 4:00 pm – 5:30 pm MT
- **November:**
 - Wed, Nov 5, 4:00 pm – 5:30 pm MT
 - Wed, Nov 12, 4:00 pm – 5:30 pm MT
 - Wed, Nov 19, 4:00 pm – 5:30 pm MT
- **December:**
 - Wed, Dec 3, 4:00 pm – 5:30 pm MT

Required Text: AV / L. S. Summer will send the book info before class starts.

4. Sanskrit in Ayurveda:

Dates: Classes are Wednesday, August 13, 2025, through Wednesday, December 3, 2025, 6:00 pm – 7:00 pm MT.

- **August:**
 - Wed, Aug 27, 6:00 pm – 7:00 pm MT
- **September:**
 - Wed, Sep 3, 6:00 pm – 7:00 pm MT
 - Wed, Sep 10, 6:00 pm – 7:00 pm MT
 - Wed, Sep 17, 6:00 pm – 7:00 pm MT
 - Wed, Sep 24, 6:00 pm – 7:00 pm MT
- **October:**
 - Wed, Oct 1, 6:00 pm – 7:00 pm MT
 - Wed, Oct 8, 6:00 pm – 7:00 pm MT
 - Wed, Oct 15, 6:00 pm – 7:00 pm MT
 - Wed, Oct 22, 6:00 pm – 7:00 pm MT
 - Wed, Oct 29, 6:00 pm – 7:00 pm MT
- **November:**
 - Wed, Nov 5, 6:00 pm – 7:00 pm MT
 - Wed, Nov 12, 6:00 pm – 7:00 pm MT
 - Wed, Nov 19, 6:00 pm – 7:00 pm MT
- **December:**
 - Wed, Dec 3, 6:00 pm – 7:00 pm MT
 - Wed, Dec 10, 6:00 pm – 7:00 pm MT

Required Text: Gia will be sending the notes before class starts.

5. Dhatu and Srotamsi – Ayurvedic Pathologies:

Dates: Classes are Thursday, October 2, 2025, through Thursday, October 30, 2025

4:30 pm – 8:00 pm MT.

- Thu, Oct 2, 4:30 pm – 8:00 pm MT
- Thu, Oct 9, 4:30 pm – 8:00 pm MT
- Thu, Oct 16, 4:30 pm – 8:00 pm MT
- Thu, Oct 23, 4:30 pm – 8:00 pm MT
- Thu, Oct 30, 4:30 pm – 8:00 pm MT

6. Meditation and Chanting:

Dates: Classes are Saturday, August 16, 2025, through Saturday, December 13, 2025

11:00 am – 1:30 pm MT.

- Sat, Aug 16, 11:00 am – 1:30 pm MT
- Sat, Sep 6, 11:00 am – 1:30 pm MT
- Sat, Nov 15, 11:00 am – 1:30 pm MT
- Sat, Dec 13, 11:00 am – 1:30 pm MT

7. Students' Enrichment and Mentoring:

Dates: Classes are Saturday, August 16, 2025, through Saturday, December 13, 2025

2:00 pm – 5:00 pm MT.

- Sat, Aug 16, 2:00 pm - 5:00 pm MT
- Sat, Sep 6, 2:00 pm - 5:00 pm MT
- Sat, Nov 15, 2:00 pm - 5:00 pm MT
- Sat, Dec 13, 2:00 pm - 5:00 pm MT

8. Ayurvedic Ethnobotany:

Dates: Classes are Saturday, September 13, 2025, through Sunday, September 14, 2025

11:00 am – 6:30 pm MT.

- Sat, Sept 13, 11:00 am - 6:30 pm MT
- Sun, Sept 14, 11:00 am - 6:30 pm MT

9. Ayurvedic Classical Sutras:

Dates: Classes are Saturday, October 4, 2025, through Sunday, October 5, 2025

10:00 am – 6:30 pm MT.

- Sat, Oct 4, 10:00 am - 6:30 pm MT
- Sun, Oct 5, 10:00 am - 6:30 pm MT

10. Ayurved and Hygiene – Swasthavritta:

Dates: Classes are Thursday, November 7, 2025, through Thursday, December 12, 2025

4:30 pm – 9:00 pm MT.

- Thu, Nov 6, 4:30 pm – 8:00 pm MT
- Thu, Nov 13, 4:30 pm – 8:00 pm MT
- Thu, Nov 20, 4:30 pm – 8:00 pm MT
- Thu, Dec 4, 4:30 pm – 8:00 pm MT
- Thu, Dec 11, 4:30 pm – 8:00 pm MT

11. Clinical Examination (Pariksha):

Dates: Classes are Saturday, November 8, 2025, through Saturday, November 9, 2025,

9:00 am – 5:00 pm MT.

- November:
 - Sat, Nov 9, 9:00 am – 5:00 pm MT.
 - Sun, Nov 10, 9:00 am – 5:00 pm

