



Ayurved Sadhana
Healing Begins Here...

“Approved and Regulated by the Colorado Department of Higher Education, Private Occupational School Board.”

Spring 2025 Class Schedule

APP and AAPP Students

Hands-On Classes – Fall 2024

1. Aushadh Kriya- Ayurvedic Herbal Preparation:

Time: 10:00 am - 6:30 pm MT

Dates: Friday, January 17 – Monday, January 20

- Friday, Jan 17
- Saturday, Jan 18
- Sunday, Jan 19
- Monday, Jan 20

2. Vital Signs Assessment and Diagnosis:

Time: 10:00 am - 4:00 pm MT

Date: Tuesday, January 21

3. Authentic Ayurvedic Experience in India (India):

Dates: Friday, January 31 – Thursday, February 20

4. Student Community Clinic (In-person/Online):

Time: 9:00 am - 5:30 pm MT

Dates: Saturday, March 29 - Sunday, March 30

- Saturday, Mar 29
- Sunday, Mar 30

5. Ayurvedic Cooking for Pregnancy:

Time: 10:00 am - 6:30 pm MT

Dates: Thursday, May 22 - Friday, May 23

- Thursday, May 22
- Friday, May 23

6. Ayurvedic Cooking for Postpartum:

Time: 10:00 am - 6:30 pm MT

Dates: Saturday, May 24 - Sunday, May 25

- Saturday, May 24
- Sunday, May 25

Live-Webinar/Online Classes Spring 2025

1. Ayurvedic Internship-Externship - One-on-One:

1a. All Seniors, Fall 2022 & Fall 2023, and Transfer Students: Susan B

Time: 4:00 pm – 8:00 pm MT

Dates: Monday, January 27 - Monday, May 19

- January:
 - Monday, Jan 27
- February:
 - Monday, Feb 3
 - Monday, Feb 10
 - Monday, Feb 17
 - Monday, Feb 24
- March:
 - Monday, Mar 3
 - Monday, Mar 10
 - Monday, Mar 17
 - Monday, Mar 24
 - Monday, Mar 31
- April:
 - Monday, Apr 7
 - Monday, Apr 14
 - Monday, Apr 21
 - Monday, Apr 28
- May:
 - Monday, May 5
 - Monday, May 12
 - Monday, May 19

3b. Fall 2024 Students Batch: Dr. Vaidya

Time: 4:00 pm – 8:00 pm MT

Dates: Monday, January 27 - Monday, May 19

- January:
 - Monday, Jan 27
- February:
 - Monday, Feb 3 – Please attend Susan B’s Session. Dr. Vaidya will be in India
 - Monday, Feb 10 – Please attend Susan B’s Session. Dr. Vaidya will be in India
 - Monday, Feb 17 – Please attend Susan B’s Session. Dr. Vaidya will be in India
 - Monday, Feb 24 – Please attend Susan B’s Session. Dr. Vaidya will be in India

- March:
 - Monday, Mar 3
 - Monday, Mar 10
 - Monday, Mar 17
 - Monday, Mar 24
 - Monday, Mar 31
- April:
 - Monday, Apr 7
 - Monday, Apr 14
 - Monday, Apr 21
 - Monday, Apr 28
- May:
 - Monday, May 5
 - Monday, May 12
 - Monday, May 19

2. Jyotish and Ayurveda: Part 2: Gia

Time: 5:00 pm – 7:00 pm MT

Class Dates: Wednesday, January 15 – Wednesday May 21

January:

- Wednesday, Jan 15
- Wednesday, Jan 29

February:

- Wednesday, Feb 26

March:

- Wednesday, Mar 5
- Wednesday, Mar 12
- Wednesday, Mar 19
- Wednesday, Mar 26

April:

- Wednesday, Apr 2
- Wednesday, Apr 9
- Wednesday, Apr 16
- Wednesday, Apr 23
- Wednesday, Apr 30

May:

- Wednesday, May 7
- Wednesday, May 14
- Wednesday, May 21

3. Nighantu- Advanced Ayurvedic Herbal Studies Part 2:

Time: 4:30 pm – 8:00 pm MT

Dates: Tuesday, January 28 - Tuesday, May 20

January:

- Tues, January 28

February:

- Tues, February 25

March:

- Tues, March 4
- Tues, March 11
- Tues, March 18
- Tues, March 25

April:

- Tues, April 1
- Tues, April 8
- Tues, April 22
- Tues, April 29

May:

- Tues, May 6
- Tues, May 13
- Tues, May 20

4. Meditation and Chanting:

Time: 11:00 am - 1:30 pm MT

Dates: Saturday, January 25 - May 3

- Saturday, Jan 25
- Saturday, Mar 1
- Saturday, Apr 19
- Saturday, May 3

5. Student's Enrichment and Mentoring:

Time: 2:00 pm - 5:00 pm MT

Dates: Saturday, January 25 - May 3

- Saturday, Jan 25
- Saturday, Mar 1
- Saturday, Apr 19
- Saturday, May 3

6. Shalakya Tantra 1: Ears, Nose, & Throat Ailments: Dr. V

Time: 4:30 pm – 8:00 pm MT

Dates: Thursday, January 16 - Thursday, March 27

January:

- Thur, Jan 16
- Thur, Jan 23

February

- Thur, Mar 6
- Thur, Mar 13
- Thur, Mar 20
- Thur, Mar 27

7. Western Terminology and Understanding: Dr. Pai

Time: 10:00 am – 6:30 pm MT

Dates: Saturday, March 8, 2025 - Sunday, March 9

- Saturday, Mar 8
- Sunday, Mar 9

8. Categories of Treatments (Chikista): Uma H.

Time: 9:00 am – 5:30 pm MT

Dates: Saturday, March 15 - Sunday, March 16

- Saturday, Mar 15
- Sunday, Mar 16

9. Western Nighantu- Western Herbal Studies: Uma H.

Time: 9:00 am – 5:30 pm MT

Dates: Saturday, April 12 - Sunday, April 13

- Saturday, Apr 12
- Sunday, Apr 13

10. Agada Tantra- Ayurvedic Toxicology:

Time: 4:30 am – 8:00 pm MT

Dates: Thursday, April 3 - Thursday, May 29

April:

- Thursday, Apr 3
- Thursday, Apr 10
- Thursday, Apr 17
- Thursday, Apr 24

May:

- Thursday, May 1
- Thursday, May 8
- Thursday, May 15
- Thursday, May 22
- Thursday, May 29

11. Advanced Madhav Nidan - Advanced Analytical Criteria for Ailments (AAPP):

Time: 11:00 am – 4:00 pm MT

Dates: Sunday, January 26 – Sunday, May 4

- Sunday, January 26
- Sunday, March 2
- Saturday, March 15
- Sunday, March 16
- Saturday, April 5
- Sunday, April 6
- Sunday, May 4